

# Walkite Valley School

Developing Learners for Life 1090 Waikite Valley Road, RD 1, Rotorua 3077 Tel 07 3331888



Weekly Panui – Wednesday 20 June, 2018

Kia ora Koutou Whanau,

It's my last newsletter for a bit while I'm heading off on sabbatical. In conversation with other Principal's at a hui earlier this week, I have been told that the time out of school delving into theory and research is 'life-changing'. This makes me a little anxious and excited—I asked for more details on what changes occurred and how it had such a fundamental impact on them (personally and professionally), but they became vague and reluctant to elaborate further.

Andy, our 4 children and I will fly out to the USA for the first few weeks of our time. While there I will take part in an Appreciative Inquiry Summit with world renowned theorists, researchers and authors (notably Seligman and Cooperider). I will also spend some time in Flint, Michigan, where there was a significant issue with lead in their town water supply. In 2015 it was discovered that the residents (and schools) of the district were exposed to lead levels more than triple what was considered safe. As a result many children suffered significant health repercussions, particularly impaired cognition (thinking and processing) and behaviour issues, which is now apparent in their schools. Part of the plan to address this is that the district adopted a Well-Being program in their schools (2016), funded by the CRIM fitness foundation. This is focussed around yoga and mindfulness and has already been having a huge impact on the improved engagement and achievement of the students. Initially, mindfulness was introduced to give students a tool for calming, focus and an opportunity to better their relationships with teachers, parents and peers. Before the Flint Water Crisis, Flint residents faced many challenges including the effects of toxic stress. Mindfulness has been found to help children deal more constructively with difficult emotions and stress. Of interest, mindfulness positively impacts many of the areas of the brain that lead negatively affects.



Wednesday 20 June Board of Trustees Meeting 6.30pm

### Friday 22 June

- ★ Reporoa Cluster Cultural Festival— Reporoa College
- Mrs Topp on Sabbatical Leave
  Sat & Sun 23/24
  RATs Winter Series

<u>Tuesday 26 June</u> Interschool Cross Country—Kaharoa

#### NOTICES DUE

- ★ Kapa Haka Festival
- NZEI Teachers Meeting

I will be taking the opportunity to visit and learn from the educators who facilitate these programs to learn what I can and bring the ideas associated back that could make a huge difference to our learners. It has been proven through research that mindfulness is effective as a tool for coping, promotes a proactive approach to trauma, and is a catalyst for long-term community change.

I am not looking forward to time out of our amazing school, I'll be eager to get back and catch up with all the daily adventures of the students, staff and indeed our community! But, I know that the learning and adventure ahead of me will be extremely valuable to our school community and I will take every opportunity offered with both hands to make the most of the time.

### Teresa Topp

Waikite Valley School—*Developing Learners for Life* principal@waikitevalley.school.nz Ph: 027 634 4744 / 333 1888

## Special message from the Board

In light of the outbreak of Mycoplasma Bovis, the Board has a small request.

When dropping off and collecting children from school, can everyone please have clean footwear/ gumboots. They don't have to be spotless but wiped clean or rinsed free of any fresh mud/ manure (or use a different pair). Consider changing vehicles if you have been out over the farm.

This has come from MPI as part of the farm Biosecurity standards, to help reduce the risk of spreading this disease.

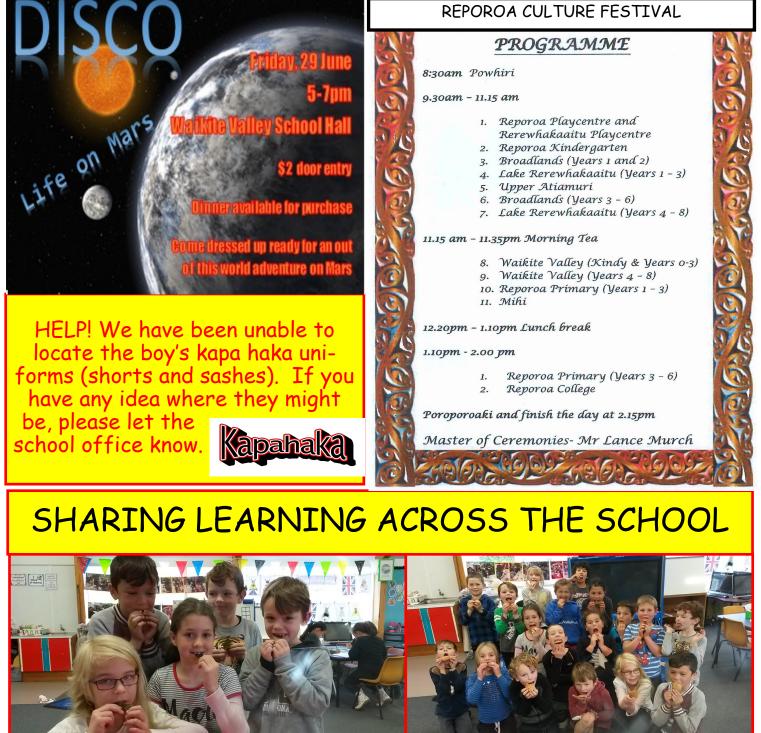
Also this will apply when people are out picking up slinks on the slink run, try and have clean boots and wipe/rinse between farms.

We have included a flyer with more information, please take the time to read through. We thank you for your co operation and support for this. Any questions please phone:

Shelley Schnuriger

Waikite Valley School Board Chair.





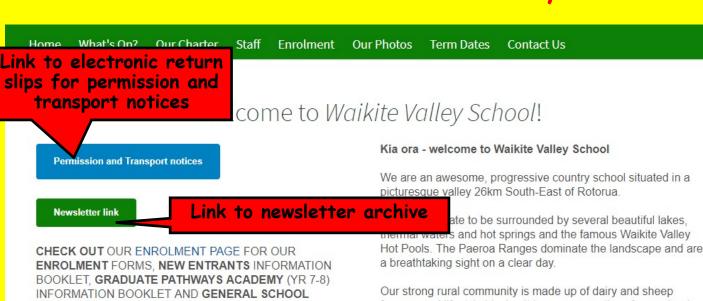


Siniva and her led circuit Matariki display. Kelly with her Matariki lanterns. (Rm 4) This week one of our reading groups read about things under the sea. The following are were some of the interesting facts about seaweed they extracted from the text: -contains slime and gels -we use it in foods, medicine, shampoo and paint -a kind of sugar that comes from seaweed is used in ice cream to make it creamy They even had a wee taste of some seaweed.

#### Yum Yum!!!

We have also been looking at reading and writing explanations. Today we had a go at following steps on a biscuit packet. The smiles on the faces indicate a job well done. (Rm 2)

## SCHOOL WEBSITE— www.waikitevalley.school.nz





INFORMATION/PROSPECTUS



Hot Pools. The Paeroa Ranges dominate the landscape and are

farmers and lifestyle blocks. It is very supportive of our school, with an active PTA and an excellent parent and community base.

At the heart of Waikite Valley is our school - come and see us! We have a current roll of 73 awesome kids in 4 super classrooms.

## WEEKLY SCHOOL NEWSLETTER

\* Indicates required field

Fmail \*

Sign up for electronic version of our weekly newsletter

Subscribe to Newsletter

## Ngakuru/Waikite Valley District Mid Winter Warm-Up and Welcome-In

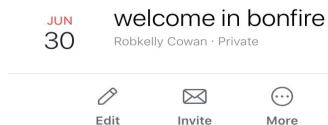


Friday 22nd June Waikite Valley Hall \$15 per person Includes: Soup and finger food, mulled wine, speakers and a quiz Starts: 6:30pm

Email donglenys@xtra.co.nz or jandsatkinson@gmail.com (by the 18th) to book your spot Bookings essential !!

(Please let any new neighbours know as they won't receive this newsletter)





- () Saturday, 30 Jun at 5 PM
- along hossack road farm gate be open to park in the paddocks signs will be up

rob and kelly cowan r hosting a welcome in to all our new community families bring the kids along a blanket or chair and meet some of the locals byo drinks and something to chuck on the bbq or just come on down when u want too

trust

Funding Your Community

Blo e

\* Thanks to all the parents who have returned any due forms. Don't forget these forms are also available

on the Waikite Valley School page: www.waikitevalley.school.nz

- To Shelley Schnuriger for washing, drying, ironing and fitting our kapa haka uniforms ready for performance
- \*To our wonderful families who were able to help at hockey duty on Saturday—especially all of the Teagues
- \*To Jasmine Trumper and Sophia Burton for hlping with the cupcake clay art in Rm 2 & 4

THE HEART OF COMMUNITY FUNDING

Pub Chari

